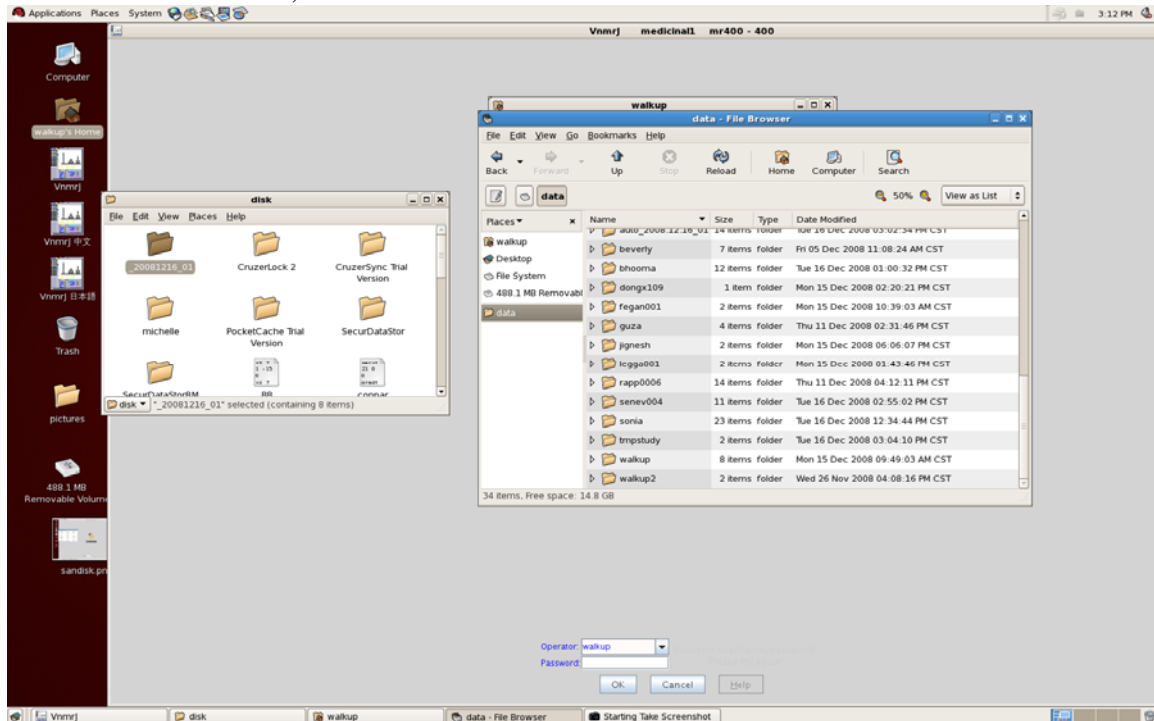


## Using a flash drive on the online Linux workstation (MR 400)

1. Move the VNMRj window(s) out of the way off to the right.
2. Plug in the flash drive to one of the front USB ports. Wait for the drive window to open.



3. Under the top Linux directory, select **Applications->System Tools->File Browser**.
4. In the file browser, select **Go->Location**. Then enter the destination as **/data**



5. In the file browser, locate the source directory/files. Drag and drop them to the flash drive browser window to copy them.
6. After finishing file copying, in the flash drive window, select **File->Unmount Volume**. The flash drive window should disappear and the drive is safe to

remove. Close the system file browser and move the VNMRj software back to its normal location.