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## Men's Pledge to End Rape

### Because:

- I believe that rape will not end until men become part of the solution;
- I take pride in myself as a man;
- I care about the women in my life;
- I am angry that people I know have been hurt;
- I know that a woman is raped every 3 minutes in this country;
- I understand that rape is a crime of violence against victims' bodies, emotional well-being, and right to do with their bodies what they choose;
- I recognize that men and women will not be equal until rape ends;
- I know that happiness between men and women is difficult in a world where rape exists;
- I accept my responsibility to assist in making this a safer world.

### I pledge to:

- Speak my anger about rape;
- Talk with other men about rape;
- Look at how we create a culture where rape is possible by the way men are raised;
- Interrupt rape or sexist jokes;

*Continued...*

This information is available in alternative formats by calling The Aurora Center for Advocacy and Education at (612) 626-2929. The University of Minnesota is an equal opportunity educator and employer.

- Support laws that encourage men to take responsibility for ending rape;
- Listen to women friends' fears and concerns for their safety;
- Pay attention to cries for help;
- Challenge images of violence against women in advertising and pornography;
- Encourage women to be strong and powerful;
- Recognize that cooperation is power;
- Change whatever I am doing that helps create a culture where rape is possible;
- Support women and men working to end rape.

*Original version of this statement by the California Anti-Sexist Men's Political Caucus.*