**GETTING & GAUGING CONSENT**

**RED: SIGNS YOU SHOULD STOP**
- You’re too intoxicated to gauge or give consent.
- Your partner is asleep or passed out.
- You hope your partner will say nothing and go with the flow.
- You intend to have sex by any means possible.

**YELLOW: SIGNS YOU SHOULD PAUSE & ASK**
- You’re not sure what your partner wants.
- You’re getting mixed signals.
- You haven’t talked about how far to go.
- You assume that you’ll do the same thing as last time.
- Your partner stops, hesitates, or is not responsive.

**GREEN: KEEP COMMUNICATING**
- Everyone’s come to a mutual decision about how far to go.
- Everyone clearly expresses their comfort with the situation.
- You both feel comfortable and safe stopping at any time.
- Everyone’s turned on!

If you or someone you know has experienced an unhealthy or abusive relationship, stop by or call The Aurora Center.

**AURORA CENTER SERVICES**
- 24 HR. HELPLINE
- WALK-IN CRISIS COUNSELING
- ACCOMPANY TO HOSPITAL
- POLICE REPORT ADVOCACY
- LEGAL ADVOCACY (I.E. RESTRAINING ORDERS AND COURT ACCOMPANYMENT)
- ACADEMIC ADVOCACY
- SAFE HOUSING ADVOCACY
- SUPPORT GROUPS
- COMMUNITY RESOURCES
- VIOLENCE PREVENTION EDUCATION

FREE & CONFIDENTIAL SERVICES
VICTIMS/SURVIVORS/SUPPORTERS

**THE AURORA CENTER FOR ADVOCACY & EDUCATION**

24 hr. Helpline: 612-626-9111
Business Line: 612-626-2929
Appleby Hall 117
128 Pleasant Street SE
Minneapolis, MN 55455
www.umn.edu/aurora
E-mail: aurora@umn.edu
At the University of Minnesota …

- 26.5% of female students report having experienced sexual assault in their lifetime.
- 4.8% of female students report having been sexually assaulted within last 12 months.

(Source: 2008 College Student Health Survey, Boynton Health Service)

What is Sexual Assault?

Sexual assault is actual, attempted or threatened sexual contact with another person without that person’s consent. Sexual assault is often a criminal act that can be prosecuted under Minnesota state law, as well as under the Student Conduct Code and employee discipline procedures. Consent must be informed, freely and actively given, and mutually understood.

Aurora Volunteer Opportunities

- Help Line Advocate
- Violence Prevention Educator
- Special Projects Volunteer

Visit www.umn.edu/aurora for info.

TIPS to reduce your risk of committing or being a victim of sexual assault

Tip 1: “Hands Off” Mentality
Don’t assume access to another person’s body. Ask for it. If you’re interested in being sexual with someone, assume you don’t have access to their body until they’ve said yes or have indicated very clearly that they want the same level of intimacy as you.

Tip 2: Booze It & Loose It
Alcohol consumption increases your risk for sexual assault. Alcohol makes listening more difficult. A person who is under the influence may have a hard time accurately interpreting someone else’s behavior and actions as sexual consent.

Alcohol is often called the #1 Date Rape Drug. Assaulters often target victims they perceive as vulnerable. Alcohol can increase vulnerability because it can delay or inhibit your ability to pick up on cues of danger or get out of a dangerous situation.

Tip 3: Know thyself
Know your sexual desires and limits and communicate them clearly. Don’t bow to peer pressure to have sex if it’s not what you want or if it’s not what your partner wants. Sex is not a conquest.

Tip 4: “Rejected”
Understand that being turned down for sex is not a rejection of you personally.

When someone says “no” to sex they’re not rejecting the person; they’re expressing their desire to not participate in a single act. Your desires may be beyond your control but your actions are within your control.

Tip 5: Be an Active Bystander!
Do something when you see risky behavior.

If you witness someone trying to lead an intoxicated person into a private room, or if you see someone feeding drinks to another person or acting sexually aggressive, find a friend to help you, and intervene. Likewise, pay attention to your friends so that you can help them if they are being targeted in a vulnerable situation.

Remember: If someone is incapacitated by alcohol, they are unable to give consent to sexual activity.