Facts

- Women age 16-24 are more likely to be victimized by an intimate partner than women in any other age group.
- 1 in 5 women experience rape or attempted rape while in college.
- 1 in 10 males and 1 in 3 females experiences sexual abuse/assault in their lifetime.
- 90% of rape victims on a college campus know their attackers.

All statistics are from research conducted for the U.S. National Institute of Justice.

Definitions

Sexual Assault - According to U of M policy (2.6.3) sexual assault is actual, attempted or threatened sexual contact with another person without that person's consent. Sexual intercourse without consent is rape. Consent must be mutually agreed upon and understood. It cannot be given under conditions of threat, force, coercion or incapacitation by alcohol or other drugs.

Relationship Violence - Sometimes called domestic abuse, a violent relationship can include: isolation, extreme jealousy, verbal and emotional abuse, physical abuse, and sexual assault. Many violent relationships start out with isolation and/or verbal abuse and then slowly progress to include physical or sexual violence.

Stalking/Harassment - Any unwanted actions occurring two or more times which result in the victim feeling threatened or fearful. Examples include following a person, unwanted phone calls or emails, and unwanted gifts or attention.

U of M Resources

The Aurora Center
Helpline: (612) 626-9111
Business: (612) 626-2929
www.umn.edu/aurora

Boynton Mental Health: (616) 624-1444

University Counseling and Consulting Services: (612) 624-3323

University Police Department
911-Emergency: (612) 624-COPS (2677)

University Escort Services (612) 624-WALK (9255)

Office for Student Conduct & Academic Integrity: (612) 624-6073

Community Resources

Sexual Assault
Sexual Violence Center (612) 871-5111
Rape and Sexual Abuse Center (612) 825-4357
Sexual Offense Services (651) 643-3006
Rape, Abuse, Incest National Network
www.rainn.org

Relationship Violence
Tubman (612) 825-3000
Domestic Abuse Project (612) 874-7063
Battered Women's 24hr Metro Shelter Info (651) 646-0994
MN Domestic Violence Hotline (866) 223-1111

For Abusers/Perpetrators:
Domestic Abuse Project (612) 874-7063
Program in Human Sexuality (612) 625-1500

The Aurora Center for Advocacy & Education

24 hr. Helpline: 612-626-9111
Business Line: 612-626-2929

Appleby Hall 117
128 Pleasant Street SE
Minneapolis, MN 55455
www.umn.edu/aurora
E-mail: aurora@umn.edu
Faculty and staff at the University of Minnesota have the unique opportunity to observe and interact with diverse members of the student community. In this position of responsibility, students may come to you with issues in their life related to sexual violence, relationship violence, harassment, or stalking. This brochure will help to prepare you to deal with such a disclosure.

The Aurora Center is the university’s one-stop resource for these issues. The Aurora Center operates 24 hours a day, 7 days a week, 365 days a year. We are here to help you, your students, your colleagues, friends, or family.

1. Believe a student when they disclose any kind of violence to you.
2. Support a student’s decisions. Never make choices for them. It is their decision whether or not to make a police report, tell parents, or go to a clinic for care. Only the student can decide what is best.
3. Refer a student to The Aurora Center. Offer to call TAC for them to explore options or for general support. An advocate’s face-to-face contact with a student generally ensures that student will seek additional support. After a disclosure, please call TAC for them.

It can be difficult to know what to say to someone who discloses something personal and painful. Here are some simple suggestions:

- "I believe you."
- "It’s not your fault."
- "I am sorry this happened."
- "I’m not your fault."
- "I believe you."
- "I want to help. Can I call The Aurora Center for you?"
- "No one deserves to be hurt like that."

When you receive a disclosure, ensure that the student is safe. If they need academic accommodations, respect and support students, especially if they need academic accommodations because of an act of sexual violence.

Address issues of sexual assault, relationship violence, stalking, and harassment in class (as appropriate). Do not use or allow sexist, racist, or homophobic comments. Respect and support students, especially if they need academic accommodations because of an act of sexual violence.

How You Can Help

- 24 hr. Helpline
- Walk-in crisis counseling
- Accompany to hospital
- Police report advocacy
- Legal advocacy: writing restraining orders and court accompaniment
- Safe housing advocacy
- Academic advocacy
- Support groups

How To Respond

Your colleagues, friends, or family are here to help you, your students, and others. You can help prevent violence and support survivors by learning the signs of abuse, recognizing inappropriate actions, and speaking up when you witness inappropriate behavior. The Aurora Center is here to help you.

Victims/Survivors/Supporters

Free & Confidential Services

Campus Support

What To Say

Faculty and staff at the University of Minnesota have the unique opportunity to observe and interact with diverse members of the student community. In this position of responsibility, students may come to you with issues in their life related to sexual violence, relationship violence, harassment, or stalking. This brochure will help to prepare you to deal with such a disclosure.

The Aurora Center is the university’s one-stop resource for these issues. The Aurora Center operates 24 hours a day, 7 days a week, 365 days a year. We are here to help you, your students, your colleagues, friends, or family.

1. Believe a student when they disclose any kind of violence to you.
2. Support a student’s decisions. Never make choices for them. It is their decision whether or not to make a police report, tell parents, or go to a clinic for care. Only the student can decide what is best.
3. Refer a student to The Aurora Center. Offer to call TAC for them to explore options or for general support. An advocate’s face-to-face contact with a student generally ensures that student will seek additional support. After a disclosure, please call TAC for them.

It can be difficult to know what to say to someone who discloses something personal and painful. Here are some simple suggestions:

- "I believe you."
- "It’s not your fault."
- "I am sorry this happened."
- "I’m not your fault."
- "I believe you."
- "I want to help. Can I call The Aurora Center for you?"
- "No one deserves to be hurt like that."

When you receive a disclosure, ensure that the student is safe. If they need academic accommodations, respect and support students, especially if they need academic accommodations because of an act of sexual violence.

Address issues of sexual assault, relationship violence, stalking, and harassment in class (as appropriate). Do not use or allow sexist, racist, or homophobic comments. Respect and support students, especially if they need academic accommodations because of an act of sexual violence.

How You Can Help

- 24 hr. Helpline
- Walk-in crisis counseling
- Accompany to hospital
- Police report advocacy
- Legal advocacy: writing restraining orders and court accompaniment
- Safe housing advocacy
- Academic advocacy
- Support groups

How To Respond

Your colleagues, friends, or family are here to help you, your students, and others. You can help prevent violence and support survivors by learning the signs of abuse, recognizing inappropriate actions, and speaking up when you witness inappropriate behavior. The Aurora Center is here to help you.

Victims/Survivors/Supporters

Free & Confidential Services

Campus Support

What To Say