The Aurora Center for Advocacy & Education

24 hr. Helpline: 612-626-9111
Business Line: 612-626-2929

Advocacy & Education

COMMUNITY RESOURCES FOR SEXUAL ASSAULT RECOVERY:

- Rape and Sexual Abuse Center
- Minneapolis: 612-828-3437
- Minneapolis: 624-828-1418

- Minneapolis: 612-828-0000
- Minneapolis: 624-828-223-1111

- Abused & Sexual Violence Center
- Minneapolis: 624-828-3437
- Minneapolis: 612-828-4343

- Domestic Abuse Project
- St. Paul: 651-645-2824

- Domestic Abuse Intervention Project
- St. Paul: 651-645-2824

- Domestic Abuse Information Project
- Minneapolis: 632-536-9455

- Domestic Abuse Information Project
- Minneapolis: 612-379-4993

- Domestic Abuse Information Project
- Minneapolis: 612-379-4993

- Free & Confidential Services
- Victims/Survivors/Supporters

- Community Resources
- Support Groups
- Safe Housing Advocacy
- Academic Advocacy
- (Family/Genome)
- Legal Advocacy (C.R. Residency)
- Police Report Advocacy
- Accompany to Hospital

- Walk-in Crisis Counseling
- 24 hr. Helpline

Offering Knowledge & Support So You Can Make Good Decisions.
It's Not Your Fault.

The advocate knows that sexual assault, relationship violence, and stalking are never the victim’s fault. Even if you place some of the blame on yourself, the advocate will never say or believe that it was your fault. Never.

What You Share Is Confidential.

Confidentiality is the foundation of our work. An advocate will not discuss any information you give them with others unless you ask them to and provide written permission. If someone wants to know how you’re doing, The Aurora Center will not affirm or deny that you are working with us. Simply put - we will not tell anyone - not the police, not your family, not your friends - that you are working with us, unless you ask us to.

Limits: For your protection and the protection of others, the law places limits on confidentiality. If you state that you seriously intend to harm yourself or another person, we are mandated by law to report such intent. We must also report if:
- There is suspicion of child or elder abuse or neglect;
- You are pregnant and using illegal drugs and/or;
- If you were abused by a medical professional, psychologist, or psychiatrist.

Advocates Will Believe You

Unlike the police or medical professionals, it is NOT the role of an advocate to be “unbiased.” It is the advocate’s job to believe you, to support you, and to help you get connected to the resources that you need.

An Advocate Is Different Than a Friend.

Lots of people need a friend when they’re hurting, and friends can assist in the journey towards recovery. However, an advocate is different than a friend.
- Sometimes people turn to a friend for advice, but an advocate will never tell you what to do. Instead, the advocate will help you understand the choices available, and the consequences of those choices.
- Some friendships last a lifetime, but an advocate’s job is time-limited.
- It is the advocate’s role to support you through your immediate crisis and to make sure that you’re connected to resources.

Advocates Will Never Judge You or Your Decisions.

The right decision for one person may not be the right decision for the next. An advocate understands there are as many “right” ways to do things as there are people. Even if you feel you have made some “bad” decisions, you can trust the advocate not to blame or judge you. Even if you decide you don’t want to “do anything” now, the advocate will support that decision. No matter what you’ve done or decide to do in the future, the advocate will respect you and the decisions you make.

24-hr Helpline: 612-626-9111